



A Community-Based Peer Support Initiative providing free, confidential, lived experience peer support services for those who protect us!

[www.osican.ca](http://www.osican.ca)

**OSI-CAN provides the following services at no cost:**

Peer Support Groups

Family Support Groups

Service Dog Acquisition\*

\*Some fundraising may be required

Equine Therapy Referrals

**An OSI/PTSI Peer Support Initiative for:**

- Military Members/Veterans
- Firefighters
- Paramedics
- Police Officers



- Peace Officers
- Corrections
- Frontline Hospital Workers
- Dispatchers

For more information contact us at  
[OSI\\_PTSDcoord@cmhask.com](mailto:OSI_PTSDcoord@cmhask.com)

"Your story may become part of someone else's survival guide!"