

FIRST RESPONDERS ADDICTION & TRAUMA RESIDENTIAL TREATMENT FOUR –WEEK PROGRAM



Our Treatment Approach

At Cree Nations Treatment Haven, we understand the effects that post-traumatic stress disorder can have on a person's life, which is why we have a therapist, a psychologist, and certified addiction counsellors in place to assist first responders. Our staff are trained and experienced in addressing PTSD and Addiction.

With our holistic approach, we will provide a program specifically for each person. Clients will engage in educational sessions, group therapy, and individual psychotherapy sessions.

Educational Interactive Sessions

Mental Health Disorders

Truth about Addiction

Spirituality

Family Needs

Shame & Guilt

Post-traumatic Stress Disorder

Codependency

Communications Skills

Setting Boundaries

Traditional Teachings

Meditation

Grief & Loss

Forgiveness

Self-care

Relapse Prevention

Setting Goals

Healthy Relationships

Inner-child Work

Anger Management

12 Step Support

- **Treatment Cycle:** April 21 2021—May 19, 2021
- **Application & Covid Test Deadline Date:** April 7, 2020
- CNTH will accept the first 11 approved applications.
- Applications will be reviewed by our Clinical Team, including a client telephone interview within 5 business days.

CALL US AT

Phone: 306-468-2072

Fax: 306-468-2758

Website: www.creenationstreatmenthaven.ca

Address: Box 340, Canwood, SK S0J 1X0

Location: Ahtakakoop First Nation



"CNTH has shown me kindness, understanding, acceptance, healing, and love. Being here has taught me how to examine my past, learn from it, and heal. I've found my spirituality, and I can finally feel peace and hope. "

- Testimonial from a First Responder (Anonymous)